# WHAT ARE THE BENEFITS OF TAKING DANCE AT KOHS?

- <u>Physical</u>: enhance your flexibility, strength, coordination, and cardiovascular conditioning
- <u>Intellectual</u>: calculation and planning, sequential learning, patterns, spatial development, increased motivation to learn, mental flexibility and problem

solving, right and left brain inclusion (holistic thinking), improved academic performance

- Artistic: arts appreciation, musicality and rhythmic expression, creative expression, imagination, innovation
- <u>Social</u>: team exploration and cooperation, experience different cultures
- <u>Individual</u>: confidence, self-esteem, listening skills, self-discipline, sense of accomplishment, persistence, accuracy, open to new ideas, focus, decrease in stress and tension
- <u>For Graduation</u>: receive Fine Arts or PE Credit, Dance IV & IB = Advanced Grade Points earned
- Earn a letter jacket through Dance Company, Strutters or IB Dance
- Become a part of the National Honor Society for Dance Arts (special honor cords worn during graduation)

#### WHAT IS OFFERED?

- <u>For beginners (9th-12th grade)</u>: Principles of Dance I
- For those with or without experience, wanting to be more involved (9th-12th grade): Audition for Dance Company,

Strutters Competitive Drill Team, Advanced Dance, or Oak Break Krew

- <u>For Juniors/Seniors</u>: Dance Composition
- <u>For IB Students</u>: I.B. World Dance Studies SL and HL
- For those interested in working with developmental students: Partners in Dance

# WHAT IS ACCEPTABLE TO WEAR?

- Black T-shirt, Black Leotard or any KOHS Dance Program Shirt
- Black Sweatpants, yoga pants or Capris
- No shoes required for Beginner Dance.
   Jazz Shoes, Ballet Shoes, Tap Shoes,
   Barefeet, Socks or Dance Paws may be worn.
- \$25 course fee; everyone receives a dance program t-shirt that may be worn in class
- Please visit <u>www.kodance.info.</u>

## Soaring to New Heights

### Klein Oak High School Dance Program



Tel: 832.484.5000 www.kodance.info

Faculty: Mrs. Curry, Ms. Jackson and Ms. LaRoe

# DANCE @ OAK

The Klein Oak High School Dance Program offers classes for beginners through advanced dancers in a variety of styles and with many performance opportunities. We have 3 full time dance teachers with spacious studios with full length mirrors and dance floors. Get involved in DANCE at Oak!

#### What dance styles will we learn?

- Ballet
- Jazz
- Hip Hop
- World
- Contemporary / Modern
- Musical Theater / Tap
- Body Conditioning (Pilates, Yoga)
- Social / Ballroom
- Precision

#### WHAT ADDITIONAL OPPORTUNI-TIES ARE THERE TO EXPERIENCE DANCE AT KOHS?

#### We've been to / performed at:

- Houston Ballet's Nutcracker
- Alvin Ailey American Dance Group
- Houston Choreographers' Generation Next Gala
- Bellaire HS Community Dance Event
- STOMP!
- Momix
- Pilobolus PreShow
- Creek Fest



## Guest Teaching Artists and Choreographers have included:

- Dance Brazil
- Mark Morris Dance Group
- Houston Ballet (Harper Watters)
- Pilobolus
- Trey McIntire Dance
- Dominic Walsh Dance Theatre
- Revolve
- Urban Souls
- Kelly Ann Vitacca
- Compagnie Kafig

#### PERFORMING GROUPS

- Performing company class for those that are passionate about the art of Dance; performances throughout the year; auditions open for 9th-12th graders in May; Study w/ Guest Artists like Dawn Dippell of Revolve, cast of Newsies and Lauren Anderson of Houston Ballet-meets during school day (5th period); Traveled to New York City March 2015 and danced at Steps/BDC with a performance at Statue of Liberty!
- meet daily after school and during school day; perform at Football / Basketball games, competitions, various school and community activities; opportunities to travel and perform—www.kleinoakstrutters.com
- OBK—(aka "Oak Break Krew")—
   Perform at community events as well
   as KOHS pep rallies; compete at local
   jams; host Northside Jam multiple
   times each year; Breakers, Poppers,
   Lockers and Hip Hoppers welcome;
   auditions open for 9th-12th graders in
   May; Study w/ Guest Artists like Jason
   Dang and JUDO, -meets during
   school day (1st period)

